SUN	MON	TUE	WED	THUR	FRI	SAT
		8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 2:00 PM NETFLIX	8:30 AM CONTINENTAL BREAKFAST 10:30 AM Introduction to Thomas, our new fitness instructor w/brief presentation 1:30 PM POKER	8:30 AM CONTINENTAL BREAKFAST 9:15 AM Gentle Yoga Class 10:00 AM Ukulele Lessons 1:00 PM Wii Bowling 2:00 PM Afternoon Movie in Theater	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 1:00 PM St. Chas Singles Pinochle, players welcome 1:00 PM Trivia in Dining Room 2:00 PM Matt Peterson Performs Jazz Favorites on the Piano 4:00 PM Happy Hour in Fireplace Rm BYOB or buy wine for \$1	9:00 AM Coffee Chat
9:00 AM Coffee Chat	8:30 AM CONTINENTAL BREAKFAST 9:00 AM Ukulele Lessons 10:15 AM 2nd Shingles Shot MUST SIGN UP 11:00 AM FLOWER ARRANGING IN COFFEE SHOP 1:30 PM Games in the Bistro 3:00 PM Ladies Social Hour in Dining Room	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 1:00 PM Tech Talk with Jacob 1:30 PM Individual Tech Help w/ Jacob 2:00 PM NETFLIX	8:30 AM CONTINENTAL BREAKFAST 10:00 AM Town Hall Meeting with Angie in Dining Room 1:30 PM POKER	8:30 AM CONTINENTAL BREAKFAST 9:15 AM Gentle Yoga Class CANCELLED TODAY ONLY 9:30 AM Molecules & Cooking Class W/Homemade Ice Cream MUST SIGN UP 10:00 AM Ukulele Lessons 1:00 PM Wii Bowling	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 2:00 PM Good Natured Hour with Pam Otto 4:00 PM Happy Hour in Fireplace Rm BYOB or buy wine for \$1	9:00 AM Coffee Chat 7:00 PM BINGO
9:00 AM Coffee Chat	8:30 AM CONTINENTAL BREAKFAST 9:00 AM Ukulele Lessons 11:00 AM FLOWER ARRANGING IN COFFEE SHOP 1:30 PM Games in the Bistro 3:00 PM Ladies Social Hour in Dining Room	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 1:00 PM Craft with Carolyn 2:00 PM NETFLIX 3:00 PM Ken Slauf, guitarist & singer, to perform	8:30 AM CONTINENTAL BREAKFAST 1:30 PM POKER 2:00 PM Page Turners Book Club in Private Dining Rm 5:45 PM Cougars Makeup Game w/Jacob	8:30 AM CONTINENTAL BREAKFAST 9:15 AM Gentle Yoga Class 10:00 AM Ukulele Lessons 1:00 PM Wii Bowling 1:30 PM LIBRARY 2:00 PM Coffee & Conversation with Chaplain Sally	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 11:00 AM Annual TRIAD Picnic held in Wheeler Park MUST SIGN UP 1:00 PM Tim Wilsey Performs 4:00 PM Happy Hour in Fireplace Rm BYOB or buy wine for \$1	9:00 AM Coffee Chat 5:00 PM Pot Luck signup required
9:00 AM Coffee Chat 20	8:30 AM CONTINENTAL BREAKFAST 9:00 AM Ukulele Lessons 10:00 AM Social Committee Meets to Discuss Activities in Dining Rm 11:00 AM FLOWER ARRANGING IN COFFEE SHOP 1:30 PM Games in the Bistro 3:00 PM Ladies Social Hour in Dining Room	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 2:00 PM NETFLIX 2:00 PM Orthopedic surgeon, Dr. Kenneth Chakour speaks on use of robotics in surgery & treats	8:30 AM CONTINENTAL BREAKFAST 1:30 PM POKER	8:30 AM CONTINENTAL BREAKFAST 9:15 AM Gentle Yoga Class 10:00 AM Ukulele Lessons 11:30 AM Lunch @ Cooper's Hawk Restaurant w/shopping @ Trend & Relic Shops 1:00 PM Wii Bowling	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 1:00 PM Monthly Birthday Celebration 4:00 PM Happy Hour in Fireplace Rm BYOB or buy wine for \$1	9:00 AM Coffee Chat 6:30 PM Movie & Popcorn in Theater
9:00 AM Coffee Chat 27	8:30 AM CONTINENTAL BREAKFAST 9:00 AM Ukulele Lessons 10:15 AM Brunch @ Alexanders Cafe in St. Charles 11:00 AM FLOWER ARRANGING IN COFFEE SHOP 1:30 PM Games in the Bistro 3:00 PM Ladies Social Hour in Dining Room	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Shopping Bus 12:45 PM Resident Pick Outing (possibly movie) 2:00 PM NETFLIX	8:30 AM CONTINENTAL BREAKFAST 10:15 AM Men's Breakfast @ Lume's Restaurant 1:30 PM POKER	8:30 AM CONTINENTAL BREAKFAST 9:15 AM Gentle Yoga Class 10:00 AM Ukulele Lessons 1:00 PM Wii Bowling 3:00 PM Nostalgia husband & wife duo perform w/fun treats		

August 2023

